

# ALEX ADDAMS

## ZERO

I've been falling through the endless night,  
thoughts too heavy, no more fight.  
A mirror cracked, I turned away,  
no reason left, no words to say.

But even in silence, a voice remains,  
a hand to guide me through the pain.

From zero, zero, zero ... I rise again!  
The darkness fades when I let them in.  
Therapy opens the doors inside,  
I face the mirror, no need to hide.  
From zero, zero, zero ... I start to see!  
I am enough, I am still me!

Every shadow had me bound in place,  
every thought was an endless maze.  
But you showed the path I couldn't find,  
unlocked the doors inside my mind.

A broken soul can learn to heal,  
to look inside and still be real.

From zero, zero, zero ... I rise again!  
The darkness fades when I let them in.  
Therapy opens the doors inside,  
I face the mirror, no need to hide.  
From zero, zero, zero ... I start to see!  
I am enough, I am still me!

AI can't feel the scars I've known,  
but a voice in the room makes me less alone.  
You remind me the worth that I couldn't find,  
that love can live inside my mind.

From zero, zero, zero ... I rise again!  
The darkness fades when I let them in.  
Therapy opens the doors inside,  
I face the mirror, no need to hide.  
From zero, zero, zero ... I am breaking free!  
I am enough, I am still me!

Zero...

Zero...

I am still me!